



Fradelos C. Evangelos

(Birth date: January 26, 1981)

Current position: Assistant Professor of Clinical Nursing, Nursing Department, University of Thessaly.

Occupational experience:

Staff Nurse, Psychiatric department Athens General Hospital for Thoracic Diseases “Sotiria”, Athens, Greece. [2017-2020].

Staff Nurse, Psychiatric Hospital of Attica “Daphne”, Athens, Greece. [2008-2017].

Academic degree:

BSc in “**Nursing**” (TEI of Thessaloniki, 2006), **BSc** in “*Educational Policy*” (University of Peloponnese, 2021), an **MSc** with reference to “*Environmental Health – Capacity building for decision making*” (School of Medicine, University of Athens, 2008), and a **PhD** with respect to “*The Effect of Spirituality on Quality of Life of Patients with Chronic Kidney Disease and Its Correlation with the Mental Health Status and Cognitive Perception for Their Illness.*”, (Nursing Department, Faculty of Human Movement and Quality of Life Sciences, University of Peloponnese, 2015- 2018).

Academic experience:

As an assistant professor of clinical nursing I teaching Elderly and chronic patients nursing care, Clinical nursing, diagnostic nursing and nursing theories.

I have worked as laboratory collaborator at Nursing Department, University of West Attica, teaching in the clinical part of the course’s Mental health nursing and Community nursing (2015-2019) and as adjunct professor on the course Nursing for elderly people and for people with chronic diseases (2019-2020). Also, I have taught specific courses (lecturers) in Master of Science (MSc) Program entitled: “Mental Health” and implemented by the Nursing Department of Technological Institute of Thessaly, Greece (2014-2019). In particular, relevant lectures of “Cognitive and behavior psychotherapy” as part of Psychotherapeutic Methods course. “Psychological issues in cancer patients” and “Psychological distress and spiritual needs in ESRD” as part of liaison psychiatric care course in the mentioned Master of Science (MSc) Program (2015-2019).

Participation in funding projects:

On a behalf of partnership of University of Thessaly, I am project coordinator of the “Beyond the Emergency. Telecare for Non-Communicable Diseases through Simulation Techniques - **BeEmTel**- funded under the Erasmus+ Programme (2021-2024).

On a behalf of partnership of TEI of Thessaly, I am *research staff (RS)* of the **ENhANCE project** -[European curriculum for family and community nurse] - funded under the Erasmus+ Programme – Call for Proposals EACEA 04/2017 KA2 – Sector Skills Alliances and, coordinated by the Istituto Tecnologie Didattiche – Consiglio Nazionale delle Ricerche (ITD-CNR) – Italy, (2018-2020).

In addition, on a behalf of partnership of TEI of Thessaly, I am research Staff (RS) of the **CRITHINKEDU’ project** ‘Critical Thinking Across the European Higher Education Curricula’ funded under the Erasmus+ Program –KA2 Strategic partnerships, coordinated by Universidade de Trás-os-montes e alto Douro – Portugal, (2016-2019).

Brief list of recent publications:

1. Fradelos EC, Boutlas S, Tsimitrea E, Sistou A, Tourlakopoulos K, Papathanasiou IV, Gourgoulisanis KI. Perceived Symptoms, Mental Health and Quality of Life after Hospitalization in COVID-19 Patients. *Journal of Personalized Medicine*. 2022; 12(5):728. <https://doi.org/10.3390/jpm12050728> Pubmed IF4.495
2. Albani, E., Strakantouna, E., Vus, V., Bakalis, N., Papathanasiou, I. V., & Fradelos, E. C. (2022). The Impact of Mental Health, Subjective Happiness and Religious Coping on The Quality of Life of Nursing Students During the Covid-19 Pandemic. *Wiadomosci lekarskie (Warsaw, Poland : 1960)*, 75(3), 678–684. Pubmed IF 0.123
3. Patsopoulou A, Anyfantis I, Papathanasiou IV, Fradelos EC, Malliarou M, Tsaras K, Malli F, Papagiannis D. Reported Injuries from Sharp Objects among Healthcare Workers in Central Greece. *Healthcare*. 2022; 10(7):1249. Pubmed IF 3.160
4. Fradelos E, Alexandropoulou CA, Kontopoulou L, Papathanasiou IV, Tzavella F. Factors Affecting Greek Nurses' Caring Behaviors: The Role of Nurses' Spirituality and the Spiritual Climate of Hospitals. *J Relig Health*. 2022 Jun;61(3):1816-1830. doi: 10.1007/s10943-022-01503-x. Epub 2022 Jan 19. PMID: 35044588. Pubmed IF 1.898
5. Fradelos E, Alexandropoulou C-A, Kontopoulou L, et al. The effect of hospital ethical climate on nurses' work-related quality of life: A cross-sectional study. *Nursing Forum*. 2021;1-8. doi:10.1111/nuf.12671 Pubmed
6. Fradelos E C, Albani E, Papathanasiou I V, et al. (December 07, 2021) Spiritual Needs of Lung Cancer Patients and Their Relation to Psychological Distress and Quality of Life. *Cureus* 13(12): e20225. doi:10.7759/cureus.20225 Pubmed
7. Fradelos, E. C., Latsou, D., Alikari, V., Papathanasiou, I. V., Roupa, A., Balang, V., Tsaras, K., Papagiannis, D., & Tzavella, F. (2021). Greek Nurses' Perception of Hospital Ethical Climate: A Cross-Sectional Study. *Advances in experimental medicine and biology*, 1337, 17–25. https://doi.org/10.1007/978-3-030-78771-4_3 Pubmed IF 2.622
8. Fradelos, E. C., Alikari, V., Balta, K., Živanović, D., Javorac, J., Papagiannis, D., Tzavella, F., Tsaras, K., Papathanasiou, I. V., & Zyga, S. (2021). The Effect of Spirituality on Illness Perceptions in Patients Undergoing Hemodialysis : Spirituality and Health. *Advances in experimental medicine and biology*, 1337, 65–75. https://doi.org/10.1007/978-3-030-78771-4_8 Pubmed IF 2.622

Full list of my published work ([Google Scholar Profile](#))