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Panoraia Andriopoulou is an Associate Professor of Clinical Psychology in the Department of Psychology at the University of Ioannina, and a licensed Clinical Psychologist registered with the Health and Care Professions Council (HCPC, UK). She has previously been a Senior Lecturer in Psychology at Southampton Solent University and Manchester Metropolitan University in the UK. In 2013, she completed her PhD in Psychology with distinction at the University of Crete, which was awarded the "Maria Nassiakou" Best Doctoral Dissertation Award (2015) by the Hellenic Psychological Society. She holds certified training in Cognitive Behavioral Therapy (Academy of Cognitive and Behavioral Therapies & EABCT), Schema Therapy (ISST, certified also as a trainer/supervisor), and Systemic Couples and Family Therapy (EPIPSY – National and Kapodistrian University of Athens). Currently, in addition to her academic role at the University of Ioannina, she also teaches at the Hellenic Open University at postgraduate level (coordinator of module EAPS54), where she has also previously served as Assistant Director of the Master's Program in Applied Developmental Psychology (EAPS).

Selected Publications

1. Pichi, M., & **Andriopoulou, P.** (2024). Understanding the experiences of Mental Health Support Workers in Independent/Supported Living Facilities: a Thematic Analysis. *Journal of Psychosocial Rehabilitation and Mental Health*, 1-16.
2. Petrogiannis, K., Sangeorzan, I., & **Andriopoulou, P.** (2024). Validation of the Greek Warwick-Edinburgh Mental Well-Being Scale (WEMWBS) in a Mature Student Community-Based Sample, *Adversity and Resilience Science*, 1 – 18.
3. Monks-Woods, A. & **Andriopoulou, P.** (2024). Exploring the Experiences of People who use YouTube to access Support for Borderline Personality Disorder: An Interpretative Phenomenological Analysis. *Psychological Studies*, 1-10.
4. Sangeorzan, I., **Andriopoulou, P.,** Davies, B. M., & McNair, A. (2023). The information needs of people with degenerative cervical myelopathy: A qualitative study to inform patient education in clinical practice. *Plos one*, *18*(5), e0285334. https://doi.org/10.1371/journal.pone.0285334
5. Sangeorzan, I., Antonacci, G., Martin, A., Grodzinski, B., Zipser, C. M., Murphy, R. K., ... & Davies, B. M. (2023). Towards Shared Decision-Making in Degenerative Cervical Myelopathy: A Mixed Methods Study Protocol (Preprint). *JMIR Research Protocols 12* (1), e46809.
6. Leece, S., Wilson, H., & **Andriopoulou, P.** (2023). Experience of online, text-based, anonymous mental health support for young people previously at risk of suicide. *Counselling Psychology Quarterly*, 1- 21. https://doi.org/10.1080/09515070.2023.2252770
7. Vassiou, A., & **Andriopoulou, P.** (2023). University students' mental health and affect during COVID-19 lockdown in Greece: the role of social support and inclusion of others in the self. *Psychology: the Journal of the Hellenic Psychological Society*, *28*(1), 253-263. https://doi.org/10.12681/psy_hps.29862

8. Curry, E.E., & **Andriopoulou, P.** (2023). 'Dual-Experiences' of Treatment for Anorexia Nervosa: An interpretative phenomenological analysis of experiences of treatment by service providers who are recovered service users. *Mental Health Review Journal*. *https://doi.org/10.1108/MHRJ-02-2022-0010*