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He earned his Ph.D. from the Department of War Studies, KCL, having graduated *summa cum laude* and held an MA degree with Merit and another one with highest distinction. During his studies, he was granted awards, among others, from the Greek State Scholarship Foundation, Onassis Foundation, NATO, MacArthur Foundation and DAAD. At present, in addition to instructing, he supervises Ph.D. students, and directs an online Master's program, two life-long learning programs, and a *Jean Monnet Module* project. Prior to joining academia, he occupied for almost twelve years the positions of analyst and deputy manager in the Strategic Planning, Analysis and Investor Relations Division at ATEbank. Also, he worked for nearly two years in the Economic Analysis & Market Division at the Piraeus Bank Group. He authored *How a Small State Expands. Grand Strategy and Greece's Territorial Expansion in the Balkans and Asia Minor* (New York: Nova Science Publishers, 2012) and chapter contributions. Authored or co-authored articles appeared in, among others, *Greek Review of Political Science*, *Greek Review of Social Research*, *Social Sciences Tribune*, *East European Quarterly*, *European Foreign Affairs Review*, *European Security*, *Journal of Contemporary European Studies*, *Journal of Slavic Military Studies*, *Journal of Humanitarian Logistics and Supply Chain Management*, *Journal of the Hellenic Diaspora*, *Mediterranean Quarterly*, *Perspectives on European Politics and Society*, *Policy Futures in Education*, *Southeast European and Black Sea Studies*, *Strategic Analysis*, *The Korean Journal of Defense Analysis*.

Selected Publications

1. (with Vasileios Balafas), 'Branding a Potential Energy Hub as National Interest in the Eastern Mediterranean: More Than an Energy Supply Issue', στο Victoria Pistikou, Andreas Masouras & Marcos Komodromos (eds), *Handbook of Research on Future Policies and Strategies for Nation Branding* (Hersey PA: IGI Global, 2021), σελ. 18-39
2. "India-US Relations". In Sotiris Petropoulos and Asteris Huliaras (eds), *India and the Others: India's Relations with Europe and the World* (Athens: Papazisis, 2021), pp. 65-115 (in Greek).
3. (with Antonis Kargas), "The Greek-Turkish Conflict in the Era of the Greek Sovereign Debt Crisis: Security Dilemma or Deterrence?", in Ekavi Athanasopoulou, Charalambos Tsardanidis and Efstathios T. Fakiolas (ed.), *Greece's Foreign Policy: Choices & Expectations in the 21st Century* (Athens: Papazisis, 2020), pp. 111-189 (in Greek)
4. (with Vasileios Balafas) "In the Aftermath of the 'Shale Oil Revolution': Energy Dominance in the Era of President Trump's America First National Security Strategy", in Pantelis G. Sklias, Spyros A. Roukanas & Floros S. Flouros (eds), *The Political Economy of National and Energy Security* (New York: Nova Science Publishers, 2019), pp. 131-162
5. (with Christos Gionis & Nikitas-Spyros Koutsoukis), "The European Union's Integration Trajectory: Mapping Out the Convergences and Divergences of the Member-States in the Era of Debt Crisis", in Antonis Klapsis (ed.), *Special Issues in Diplomacy and International Organization* (Athens: Papazisis, 2019), pp. 337-390 (in Greek)
6. (with Nikolaos Tzifakis), "Establishing the Rule of Law in Kosovo and Bosnia and Herzegovina: The Contribution of the EU Civilian Missions", in M. Steven Fish, Graeme Gill & Milenko Petrovic (eds.), *A Quarter Century of Post-Communism Assessed* (Gewerbestrass: Palgrave Macmillan, 2017), pp. 187-216