

Christos Kleisiaris

Associate Professor of Home-based Nursing Care

Nursing Department

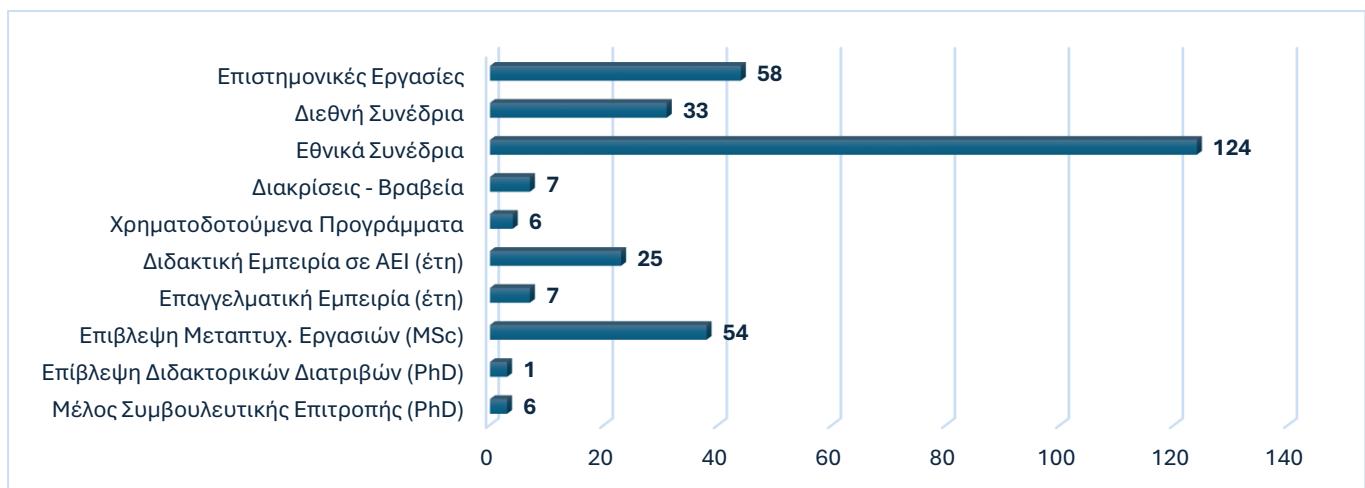
University of Thessaly

(Birthdate: 13th June, 1971)

[ORCID](#) | [Scopus ID](#) | [Publons Clarivate ID](#) | [Google Profile ID](#) | [Research Gate ID](#)



Synopsis of Academic Profile (assessed October 2024)



Recognition and impact of research work (assessed October 2024)

Publications metrics	Number	Cited by	VIEW ALL
In Peer-review Journals	50	All	Since 2019
In Greek Journals	8	Citations	1223
Impact Factor	21	h-index	14
First name	16	i10-index	18
Second name	12		
Last name	13		
Indexed in PubMed	25		
Indexed in Scopus	28		
Indexed in Google Scholar	49		
Web of Science Core Collection	25	2017 2018 2019 2020 2021 2022 2023 2024	260 195 130 65 0

Current position: (permanent position)

- Associate Professor of Home-based Healthcare Nursing Care (2020 – present) in the Nursing Department at the University of Thessaly.
- Bachelor's degree in "Primary Healthcare" (2008).
- PhD degree in the field of respiratory medicine with a special focus on "The prevalence of obstructive sleep apnea-hypopnea syndrome-related symptoms and their relation to airflow limitation in an elderly population receiving home care" (2014).

Academic experience:

- Nursing Department (Hellenic Mediterranean University, 2010-2024)
- Nursing Department (University of Thessaly, 2024-present).
- Master of Science (MSc) "Mental Health" (2014-2017).
- Master of Science "Advanced Clinical Practices in Health Sciences" (2017).
- Master of Science "Management of Ageing and Chronic Diseases" (2017-present).
- Master of Science "Public Health and Health Policies" in the course "Health Promotion" (2024-present).

A brief list of recent publications:

Klesiora M, Tsaras K, Papathanasiou IV, Malliarou M, Bakalis N, Kourkouta L, Melas C, **Kleisiaris C.** Frailty Assessment and Its Impact on Loneliness among Older Adults Receiving Home-Based Healthcare during the COVID-19 Pandemic. *Healthcare.* 2024; 12(16):1666. <https://doi.org/10.3390/healthcare12161666> (SCI, Web of Science): [IF: 2.8].

Gialama M, **Kleisiaris C.** Malliarou M, Papagiannis D, Papathanasiou IV, Karavasileiadou S, Almegewly WH, Tsaras K. Validity and Reliability of the Greek Version of Adult Vaccine Hesitancy Scale in Terms of Dispositional Optimism in a Community-Dwelling Population: A Cross-Sectional Study. *Healthcare.* 2024; 12(15):1460. <https://doi.org/10.3390/healthcare12151460>. (SCI, Web of Science): [IF: 2.8].

Kleisiaris C. Maniou M, Karavasileiadou S, Togas C, Konstantinidis T, Papathanasiou IV, Tsaras K, Almegewly WH, Androulakis E, Alshehri HH. Psychological Distress and Concerns of In-Home Older People Living with Cancer and Their Impact on Supportive Care Needs: An Observational Survey. *Current Oncology.* 2023; 30(11):9569-83. DOI: <https://doi.org/10.3390/curroncol30110692> (SCI, Web of Science): IF:2.6].

Tasioudi L, Aravantinou-Karlatou A, Karavasileiadou S, Almegewly WH, Androulakis E, **Kleisiaris CF.** The Impact of Frailty and Geriatric Syndromes on the Quality of Life of Older Adults Receiving Home-Based Healthcare: A Cross-sectional survey. *Healthcare.* 2023; 11(1):82. <https://doi.org/10.3390/healthcare11010082> Impact Factor 3.160.

Aravantinou-Karlatou A, Kavasileiadou S, Panagiotakis S, Tziraki C, Almegewly W, Androulakis E, **Kleisiaris C.** The Impact of Socioeconomic Factors and Geriatric Syndromes on Frailty among Elderly People

Receiving Home-Based Healthcare: A Cross-Sectional Study. *Healthcare (Basel).* 2022;10(10): 2079
doi: 10.3390/healthcare10102079, *Impact Factor 3.160.*

Pantouvaki A, Kastanis G, Patelarou E, Alpantaki K, **Kleisiaris C**, Zografakis-Sfakianakis M. Greek Translation, **Cultural Adaptation and Validation of the Mini Sarcopenia Risk Assessment Questionnaire, to Evaluate Sarcopenia in Greek Elderly at a Hospital Setting.** *Nurs Rep.* 2023;13(1):404-411. doi: 10.3390/nursrep13010037 [\[IF:2.8\]](#).

Bagnasco A, Catania G, Zanini M, Pozzi F, Aleo G, Watson R, Hayter M, Sasso L; ENHANCE WP2 Collaborative Group, **(Kleisiaris CF.) Core competencies for family and community nurses: A European e-Delphi study.** *Nurse Educ Pract.* 2022; 60:103296. doi: 10.1016/j.nepr.2022.103296.

Kleisiaris CF, Papathanasiou IV, Kaffatou E, Androulakis E, Panagiotakis S, Alvino S, Tziraki C. **Assessing the impact of frailty on cognitive function in older adults receiving home care.** *Transl Med UniSa*, 2019; 29:27-35 [\[IF:0.5\].](#) [\[PMID: 31360664\]](#).

Kleisiaris CF, Papathanasiou IV, Tsaras K, Androulakis E, Kourkouta L, Fradelos E, Zyga S. **Factors affecting the health status of elderly people receiving home care.** *Arch Hellen Med*, 2019; 37(2), 237-244 [\[Scopus\]](#).

Liotta G, Ussai S, Illario M, O' Caoimh R, Cano A, et al, and correspondence authors **Kleisiaris CF.** **Frailty as the Future Core Business of Public Health: Report of the Activities of the A3 Action Group of the European Innovation Partnership on Active and Healthy Ageing (EIP on AHA).** *Int J Environ Res Public Health* 2018; 15(12) [\[PubMed\]](#) [\[IF:5.1\]](#).

Kleisiaris CF, Kritsotakis EI, Daniil Z, Markakis G, Papathanasiou IV, Androulaki Z, Gourgoulianis KI. **Assessing the risk of obstructive sleep apnoea-hypopnoea syndrome in elderly home care patients with chronic multimorbidity: a cross-sectional screening study.** *Springerplus*, 2016; 13; 5:34. [\[PubMed\]](#). *Impact Factor: 0,987*

Kleisiaris CF, Kritsotakis EI, Daniil Z, Tzanakis N, Papaioannou A, Gourgoulianis KI. **The prevalence of OSAHS-related symptoms and their relation to airflow limitation in an elderly population receiving home care.** *Int J Chron Obstruct Pulmon Dis*, 2014; 9:1111-1117. [\[PubMed\]](#) *Impact Factor 3.141.*

Kleisiaris CF, Plaiti EM, Papathanasiou IV, Papaioannou P, Kastrinakis I, Diakontoni S, Fradelos E, Kourkouta L. **Smoking is Associated with Osteoporosis Development in Primary Care Population.** *American Journal of Nursing Science, Special Issue: Mental Health Care: Aspects, Challenges and Perspectives.* 2015; 4(2-1):96-101. [\[Online\]](#)

Kleisiaris CF, Adamakidou, T, Maniou, M, Sapountzi-Krepia, D, Kourkouta L. **Factors Affecting Fatigue in Older Adults Receiving Home-Based Healthcare.** *International Journal of Caring Sciences.* 2021; 14:3, p1668-1676.