

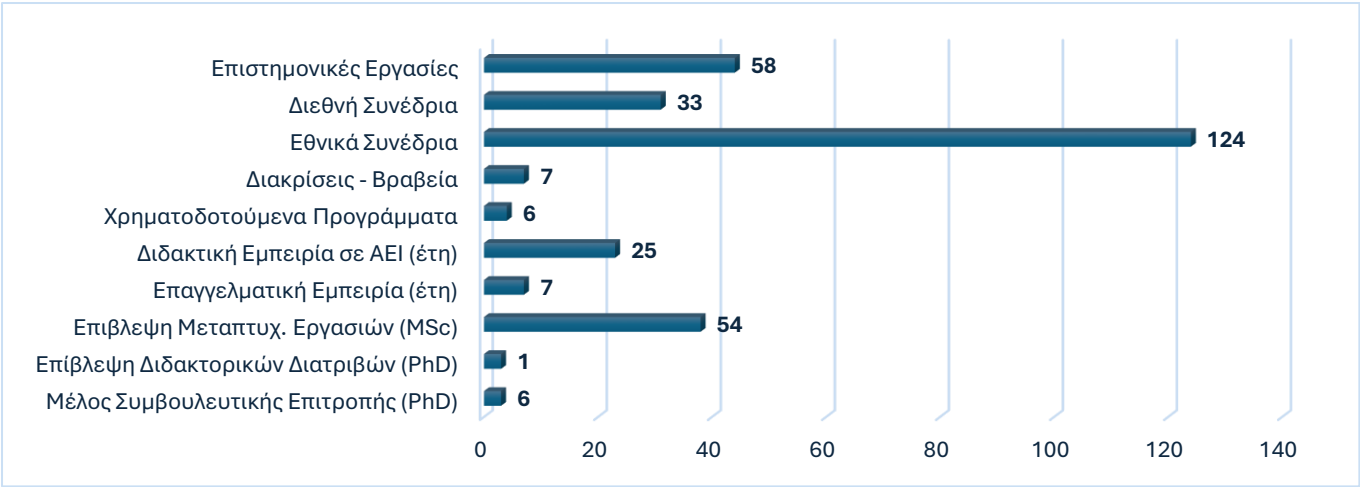
Christos Kleisiaris

Associate Professor of Home-based Nursing Care
Nursing Department
University of Thessaly
(Birthdate: 13th June, 1971)

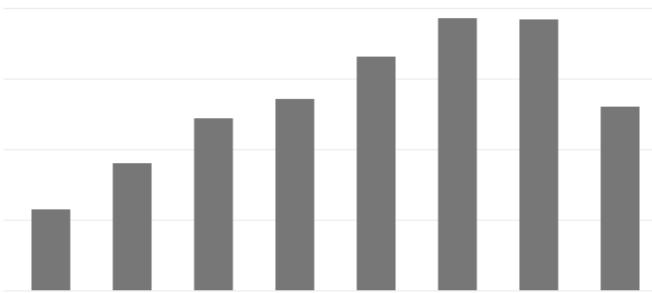
ORCID | Scopus ID | Publons Clarivate ID | Google Profile ID | Research Gate ID



Synopsis of Academic Profile (assessed October 2024)



Recognition and impact of research work (assessed October 2024)

Publications metrics	Number	Cited by		VIEW ALL
In Peer-preview Journals	50	All		Since 2019
In Greek Journals	8	Citations	1528	1223
Impact Factor	21	h-index	16	14
First name	16	i10-index	21	18
Second name	12			260
Last name	13			195
Indexed in PubMed	25			130
Indexed in Scopus	28			65
Indexed in Google Scholar	49			0
Web of Science Core Collection	25			

Current position: (permanent position)

- **Associate Professor** of Home-based Healthcare Nursing Care (2020 – present) in the Nursing Department at the University of Thessaly.
- **Bachelor's** degree in “Primary Healthcare” (2008).
- **PhD degree** in the field of respiratory medicine with a special focus on “**The prevalence of obstructive sleep apnea-hypopnea syndrome-related symptoms and their relation to airflow limitation in an elderly population receiving home care**” (2014).

Academic experience:

- Nursing Department (Hellenic Mediterranean University, 2010-2024)
- Nursing Department (University of Thessaly, 2024-present).
- Master of Science (MSc) “**Mental Health**” (2014-2017).
- Master of Science “**Advanced Clinical Practices in Health Sciences**” (2017).
- Master of Science “**Management of Ageing and Chronic Diseases**” (2017-present).
- Master of Science “**Public Health and Health Policies**” in the course “**Health Promotion**” (2024-present).

A brief list of recent publications:

- Klesiora M, Tsaras K, Papathanasiou IV, Malliarou M, Bakalis N, Kourkouta L, Melas C, **Kleisiaris C**. **Frailty Assessment and Its Impact on Loneliness among Older Adults Receiving Home-Based Healthcare during the COVID-19 Pandemic.** *Healthcare.* 2024; 12(16):1666. <https://doi.org/10.3390/healthcare12161666> (SCI, Web of Science): [IF: 2.8].
- Gialama M, **Kleisiaris C**, Malliarou M, Papagiannis D, Papathanasiou IV, Karavasileiadou S, Almegewly WH, Tsaras K. **Validity and Reliability of the Greek Version of Adult Vaccine Hesitancy Scale in Terms of Dispositional Optimism in a Community-Dwelling Population: A Cross-Sectional Study.** *Healthcare.* 2024; 12(15):1460. <https://doi.org/10.3390/healthcare12151460>. (SCI, Web of Science): [IF: 2.8].
- Kleisiaris C**, Maniou M, Karavasileiadou S, Togas C, Konstantinidis T, Papathanasiou IV, Tsaras K, Almegewly WH, Androulakis E, Alshehri HH. **Psychological Distress and Concerns of In-Home Older People Living with Cancer and Their Impact on Supportive Care Needs: An Observational Survey.** *Current Oncology.* 2023; 30(11):9569-83. DOI: <https://doi.org/10.3390/curroncol30110692> (SCI, Web of Science): IF:2.6].
- Tasioudi L, Aravantinou-Karlatou A, Karavasileiadou S, Almegewly WH, Androulakis E, **Kleisiaris CF**. **The Impact of Frailty and Geriatric Syndromes on the Quality of Life of Older Adults Receiving Home-Based Healthcare: A Cross-sectional survey.** *Healthcare.* 2023; 11(1):82. <https://doi.org/10.3390/healthcare11010082> Impact Factor 3.160.
- Aravantinou-Karlatou A, Kavasileiadou S, Panagiotakis S, Tziraki C, Almegewly W, Androulakis E, **Kleisiaris C**. **The Impact of Socioeconomic Factors and Geriatric Syndromes on Frailty among Elderly People**

- Receiving Home-Based Healthcare: A Cross-Sectional Study.** *Healthcare (Basel)*. 2022;10(10): 2079 doi: 10.3390/healthcare10102079, *Impact Factor* 3.160.
- Pantouvaki A, Kastanis G, Patelarou E, Alpantaki K, **Kleisiaris C**, Zografakis-Sfakianakis M. Greek Translation, **Cultural Adaptation and Validation of the Mini Sarcopenia Risk Assessment Questionnaire, to Evaluate Sarcopenia in Greek Elderly at a Hospital Setting.** *Nurs Rep*. 2023;13(1):404-411. doi: 10.3390/nursrep13010037 [IF:2.8].
- Bagnasco A, Catania G, Zanini M, Pozzi F, Aleo G, Watson R, Hayter M, Sasso L; ENHANCE WP2 Collaborative Group, (**Kleisiaris CF**.) **Core competencies for family and community nurses: A European e-Delphi study.** *Nurse Educ Pract*. 2022; 60:103296. doi: 10.1016/j.nepr.2022.103296.
- Kleisiaris CF**, Papathanasiou IV, Kaffatou E, Androulakis E, Panagiotakis S, Alvino S, Tziraki C. **Assessing the impact of frailty on cognitive function in older adults receiving home care.** *Transl Med UniSa*, 2019; 29:27-35 [IF:0.5]. [PMID: [31360664](#)].
- Kleisiaris CF**, Papathanasiou IV, Tsaras K, Androulakis E, Kourkouta L, Fradelos E, Zyga S. **Factors affecting the health status of elderly people receiving home care.** *Arch Hellen Med*, 2019; 37(2), 237-244 [[Scopus](#)].
- Liotta G, Ussai S, Illario M, O' Caoimh R, Cano A, et al, and correspondence authors **Kleisiaris CF**. **Frailty as the Future Core Business of Public Health: Report of the Activities of the A3 Action Group of the European Innovation Partnership on Active and Healthy Ageing (EIP on AHA).** *Int J Environ Res Public Health* 2018; 15(12) [[PubMed](#)] [IF:5.1].
- Kleisiaris CF**, Kritsotakis EI, Daniil Z, Markakis G, Papathanasiou IV, Androulaki Z, Gourgoulisanis KI. **Assessing the risk of obstructive sleep apnoea-hypopnoea syndrome in elderly home care patients with chronic multimorbidity: a cross-sectional screening study.** *Springerplus*, 2016; 13; 5:34. [[PubMed](#)]. *Impact Factor*: 0,987
- Kleisiaris CF**, Kritsotakis EI, Daniil Z, Tzanakis N, Papaioannou A, Gourgoulisanis KI. **The prevalence of OSAHS-related symptoms and their relation to airflow limitation in an elderly population receiving home care.** *Int J Chron Obstruct Pulmon Dis*, 2014; 9:1111-1117. [[PubMed](#)] *Impact Factor* 3.141.
- Kleisiaris CF**, Plaiti EM, Papathanasiou IV, Papaioannou P, Kastrinakis I, Diakantoni S, Fradelos E, Kourkouta L. **Smoking is Associated with Osteoporosis Development in Primary Care Population.** *American Journal of Nursing Science, Special Issue: Mental Health Care: Aspects, Challenges and Perspectives*. 2015; 4(2-1):96-101. [[Online](#)]
- Kleisiaris CF**, Adamakidou, T, Maniou, M, Sapountzi-Krepia, D, Kourkouta L. **Factors Affecting Fatigue in Older Adults Receiving Home-Based Healthcare.** *International Journal of Caring Sciences*. 2021; 14:3, p1668-1676.