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Sophie Leontopoulou is Professor in Psychology at the School of Social Sciences at the Hellenic Open University. She holds an Msc in “Research Methods in Psychology” and a PhD in “Psychology” from the University of Reading, U.K. She was a member of staff at the University of Ioannina, Greece, and she has also taught Psychology at the University of Crete, the Panteion University of Social and Political Sciences, and the University of Piraeus. She served twice as elected Coordinator of the Developmental Psychology Branch of the Hellenic Psychological Society, and was founding member of the Positive Psychology Branch of the same Society. She is a State Scholarships Foundation Scholar and a Fulbright Foundation Scholar. She has published her research in eminent greek and international scientific peer reviewed journals, and she has presented her work in scientific conferences in Greece and abroad. She has collaborated with international scholars in various projects. Her research interests focus on Positive Developmental Psychology. She systematically studies positive psychosocial development of children, adolescents and emerging adults, resilience, flourishing, character strengths, positive emotions, and positive psychological interventions.

Selected Publications

1. Leontopoulou, S., & Delle Fave, A. (Eds.). (2023). *Emerging Adulthood in the COVID-19 Pandemic and Other Crises: Individual and Relational Resources*. Cross-Cultural Advancements in Positive Psychology, vol. 17. Springer Cham. doi: 10.1007/978-3-031-22288-7.
2. Leontopoulou, S., & Chletsos, M. (2023). Intergenerational social mobility and youth well-being in the context of the Greek socio-economic crisis. *Social Indicators Research*, 165, 333-353. <https://doi.org/10.1007/s11205-022-03016-2>
3. Leontopoulou, S. (2020). Hope interventions for the promotion of well-being throughout the life cycle. In *Oxford Research Encyclopedia of Education*. New York: Oxford University Press. doi: <http://dx.doi.org/10.1093/acrefore/9780190264093.013.765>
4. Leontopoulou, S. (2020). Measuring well-being in emerging adults: Exploring the PERMA framework for positive youth development. *Psychology: The Journal of the Hellenic Psychological Society*, 25(1), 72-93. https://doi.org/10.12681/psy_hps.25337
5. Λεοντοπούλου, Σ. (Επιστ. Επιμ.) (2019). *Θετική Ψυχολογία. Θεωρία, Έρευνα και Εφαρμογές*. Αθήνα: Gutenberg. ISBN 978-960-01-0000-0
6. Dimitropoulou, C., & Leontopoulou, S. (2017). A Positive Psychological Intervention to promote well-being in a multicultural school setting. *European Journal of Counselling Psychology*, 6(1), 113-137. doi:10.5964/ejcop.v6i1.141.