

Theodoros Pesiridis

Assistant Professor/Community Nursing/NKUA

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Theodoros Pesiridis is an Assistant Professor of Community Nursing at the Department of Nursing of the National and Kapodistrian University of Athens, with academic expertise in Community and Public Health Nursing. He graduated from the Department, completed a Master's degree in Community Nursing and received his PhD from NKUA; he also holds the official specialty title in "Public Health Nursing/Community Nursing" and is a graduate of the European Academy of Nursing Science (EANS). He has many years of clinical and managerial experience in university cardiology clinics (AUTH, NKUA) and in 2018 he organized the Home Care Unit of the General Chest Diseases Hospital "SOTIRIA". In 2023–2024 he served as Deputy Director of the Nursing Directorate and as an alternate member of the hospital's Board of Directors. From 2020 to 2024 he was Education Coordinator of the specialty in the 1st Regional Health Authority of Attica and a member of both the Educational Council and the Examination Committee of the specialty at the Ministry of Health. He teaches undergraduate and postgraduate courses at NKUA. His research interests include community and home nursing, primary health care, care of older adults, disaster and crisis nursing, health literacy and climate change. He participates in national and European projects, and his published work includes articles in international and Greek journals, conference presentations, and scholarly writing in the field of community nursing.

Selected Publications

1. Goudetsidou A., **Pesiridis Th.**, Galanis P., Velonaki V.S. (2025). *Exploring the role of empathy in nurses' intention to provide disaster care: a cross-sectional study*. **Israel Journal of Health Policy Research**.
2. **Pesiridis T.**, Galanis P., Kalokairinou A. (2024). *Development, implementation and evaluation of a Community Nursing specialization training programme to promote nurses' professional competences: a quasi-experimental study*. **International Journal of Caring Sciences**, 17(3).
3. Tsigkou V., Oikonomou E., Anastasiou A., Lampsas S., Zakynthinos G.E., Kalogeras K., Katsianos M., Kapsali M., Kourampi I., **Pesiridis T.**, et al. (2023). *Molecular mechanisms and therapeutic implications of endothelial dysfunction in patients with heart failure*. **International Journal of Molecular Sciences**, 24(5):4321.
4. **Pesiridis Th.**, Galanis P., Anagnostopoulou E., Kalokerinou A., Sourtzi P. (2021). *Providing care to patients with COVID-19 in a reference hospital: health care staff intentional behavior and factors that affect it*. **AIMS Public Health**, 8(3):456-466.
5. **Pesiridis Th.**, Galanis P., Anagnostopoulou E., Kalokerinou A., Sourtzi P. (2020). *Factors that influence behavioural intention of nursing staff towards caring for patients with COVID-19*. 10th **Hong Kong International Nursing Forum / 3rd Sigma Asia Region Conference**, 7–8 December 2020.
6. **Pesiridis Th.**, Sourtzi P., Galanis P., Kalokairinou A. (2015). *Development, implementation and evaluation of a disaster training programme for nurses: a switching replications randomized controlled trial*. **Nurse Education in Practice**.