

E m m a n u e l l a M a g r i p l i s

Assistant Professor

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Emmanuella Magriplis is an Assistant Professor in Nutritional Epidemiology & Public Health, with a presence at several esteemed institutions, including the Agricultural University of Athens and as a Visiting Professor in the University of Patras, Department of Hygiene. Her academic journey has included affiliations with the University of Oxford, and Aristotle University (medical school). Her research interests are focused on nutrition and chronic diseases, leading her to spearhead the Hellenic National Nutrition & Health Survey. Dr. Magriplis is deeply involved in major European research projects like Health4EUkids and PIMENTO, where she co-leads a sub-study aiming to cartography fermented food intake in the 4 European Regions. Her expertise is recognized by her roles in various professional societies (president of Epidemiology working group of the Hellenic Atherosclerosis Society) and her appointment to the European Commission Task Force on food supplements. With 81 peer-reviewed publications, 5 textbooks and 3 book chapters, she has a strong h-index of 24. She is also a reviewer contributor to scientific journals and serves in editorial capacities for several well established nutrition journals (ie EJON).

Selected Publications

1. Marakis, G., Kotopoulou, S., Proestos, C., Skoulika, S., Boukouvalas, G., Papaioannou, A., Mousia, Z., Papadimitriou, D., Katri, E. M., Naska, A., Chourdakis, M., Zampelas, A., & Magriplis, E. (2023). Changes of trans and saturated fatty acid content in savory baked goods from 2015 to 2021 and their effect on consumers' intake using substitution models: A study conducted in Greece. *The American Journal of Clinical Nutrition*, 118(5), 1010–1019. <https://doi.org/10.1016/j.ajcnut.2023.08.014>
2. Apostolopoulou, A., Tranidou, A., Chroni, V., Tsakiridis, I., Magriplis, E., Dagklis, T., & Chourdakis, M. (2023). Association of Maternal Diet with Infant Birthweight in Women with Gestational Diabetes Mellitus. *Nutrients*, 15(21), 4545. <https://doi.org/10.3390/nu15214545>
3. Petridi, E., Karatzi, K., Magriplis, E., Charidemou, E., Philippou, E., & Zampelas, A. (2023). The impact of ultra-processed foods on obesity and cardiometabolic comorbidities in children and adolescents: a systematic review. *Nutrition reviews*, nuad095. Advance online publication. <https://doi.org/10.1093/nutrit/nuad095>
4. Kotopoulou, S., Zampelas, A., & Magriplis, E. (2023). Nitrite and nitrate intake from processed meat is associated with elevated diastolic blood pressure (DBP). *Clinical nutrition (Edinburgh, Scotland)*, 42(5), 784–792. <https://doi.org/10.1016/j.clnu.2023.03.015>

Short CV

5. Niforou A, Magriplis E, Klinaki E, Niforou K, Naska A. On account of trans fatty acids and cardiovascular disease risk - There is still need to upgrade the knowledge and educate consumers. *Nutr Metab Cardiovasc Dis.* 2022 Aug;32(8):1811-1818.