

Demosthenes PANAGIOTAKOS, PhD, FRSPH, FACE

Professor in Biostatistics-Epidemiology

Harokopio University, Athens

Email to: dbpanag@hua.gr



Demosthenes Panagiotakos is Professor in Biostatistics, Research Methods, and Epidemiology at Harokopio University in Athens; and Member of the high-level Scientific Committee of Health, Environment and Emerging Risks / DG Health and Food Safety, of the European Commission (2016-2026). Prof Panagiotakos is adjunct Professor at the Faculty of Health, University of Canberra, ACT, Australia (since 2017), and adjunct Professor at the Hellenic Open University (Graduate program in Epidemiology, since 2023). He has supervised as Principal Investigator 19 large-scale epidemiological studies, and research projects (2.2M total). His research interests include NCD epidemiology and risk modelling, medical research methodology, and public health. He has published 5 books, over 1,000 scientific papers in peer-reviewed international journals and has more than 49,000 citations of his work (SCOPUS *h*-index of 91). He has received several *National and International Awards and Scholarships*. He is an Executive Board member in 3 Scientific Societies, former President (2018-2020) and President elected (2024-2026) of the Hellenic Atherosclerosis Society, and Vice President of the Greek Statistical Institute (2022-2024); he is also Fellow of the Royal Society of Public Health (RSPH, UK) and the American College of Epidemiology (ACE, USA). He is research evaluator for National and International Organizations (European Commission, EASME, EIC, JCR, etc), reviewer in 70+ international journals in the field of epidemiology, cardiovascular disease, public health, nutrition, etc, as well as external evaluator for several faculty positions. He serves as Editor-in-Chief, Associate Editor or Editorial Board member in 17 international journals. He is or has served Member of the National Nutrition Policy Committee (2016-2022) of the Ministry of Health, Board Member of the Scientific Council of the Hellenic Food Authority (2009-2015 & 2022-2025), as well as the National Council of Public Health (2012-2015). In October 2019 he has appointed Vice President and Member of the BoD of the National Public Health Organization (2019-2022). He has actively participated in public health campaigns against tobacco use and substances, exposure to environmental tobacco smoking, cardiovascular disease prevention and promotion of Mediterranean diet.

List of recent publications (see <https://pubmed.ncbi.nlm.nih.gov/?term=panagiotakos+d&sort=date>)

1. Katsiki N, Filippatos T, Vlachopoulos C, Panagiotakos D, Millionis H, Tselepis A, Garoufi A, Rallidis L, Richter D, Nomikos T, Kolovou G, Kypreos K, Chrysohoou C, Tziomalos K, Skoumas I, Koutagiar I, Attilakos A, Papagianni M, Boutari C, Kotsis V, Pitsavos C, Elisaf M, Tsioufis K, Liberopoulos E. Executive summary of the Hellenic Atherosclerosis Society guidelines for the diagnosis and treatment of dyslipidemias - 2023. *Atheroscler Plus*. 2024 Feb 17;55:74-92.
2. Kouvari M, Chrysohoou C, Damigou E, Barkas F, Kravvariti E, Liberopoulos E, Tsioufis C, Sfikakis PP, Pitsavos C, Panagiotakos D, Mantzoros CS; ATTICA Study group. Non-invasive tools for liver steatosis and steatohepatitis predict incidence of diabetes, cardiovascular disease and mortality 20 years later: The ATTICA cohort study (2002-2022). *Clin Nutr*. 2024 Feb 10;43(3):900-908.
3. Damigou E, I Kostis R, M Downs S, Naumovski N, Panagiotakos D. Comparing the Mediterranean and The Japanese Dietary Pattern in Relation to Longevity – A Narrative Review. *Endocr Metab Immune Disord Drug Targets*. 2024 Jan 29.
4. Panagiotakos D, Chrysohoou C, Pitsavos C, Tsioufis K. Prediction of 10-Year Cardiovascular Disease Risk, by Diabetes status and Lipoprotein-a levels; the HellenicSCORE II. *Hellenic J Cardiol*. 2023 Oct 30;S1109-9666(23)00192-6.
5. Panagiotakos D, Chrysohoou C, Damigou E, Barkas F, Liberopoulos E, Tsioufis C, Sfikakis PP, Pitsavos C; ATTICA Study Group. Prediction of lifetime risk for cardiovascular disease, by risk factors level: the ATTICA epidemiological cohort study (2002-2022). *Ann Epidemiol*. 2023 Nov;87:17-24.