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She is an Assistant Professor of Clinical Psychology at the Department of Psychology at Panteion University and Teaching Staff of the Hellenic Open University. She graduated from the Department of Psychology of the National and Kapodistrian University of Athens and she holds two master's degrees in counselling psychology (University of Sussex and University of Brighton) and in Social Exclusion & Minorities (Panteion University). She earned her doctoral degree in Clinical Psychology from Panteion University, and she specializes in Psychodynamic Psychotherapy. She has 25 years of clinical experience at public and private mental health services. She has coordinated several European and national funded research projects. She was appointed Head of the Drug Demand Reduction Section of the University Mental Health Research Institute, while she has participated in expert-groups of the EU member-states on addiction prevention and treatment issues. She is coordinator of the Clinical Psychology and Health Psychology Section of the Greek Psychological Society and founding member of the Hellenic Association of Positive Psychology. She has published books, articles in peer-reviewed journals/collected volumes and given numerous lectures and papers in scientific meetings and conferences.

Selected Publications

1. Yotsidi, V., Gournellis, R., Alexopoulos, P., & Richardson, C. (2023). Life satisfaction in a clinical and a nonclinical group of older people: The role of self-compassion and social support. *Gerontology and Geriatric Medicine, 9*, 1-8. https://doi.org/10.1177/23337214231164890

2. Καλμαντή, Α., & Γιωτσίδη, Β. (2023). Art counseling in chronic illness. *Review of Counseling and Guidance, 133-134*, 131-148. https://doi.org/10.1080/10503300701367992

3. Papadopoulou, A., Efstathiou, V., Yotsidi, V., ..., & Gournellis. R. (2021). Suicidal ideation during COVID-19 lockdown in Greece: Prevalence in the community, risk and protective factors. *Psychiatry Research*. 113713. https://doi: 10.1016/j.psychres.2021.113713

4. Gournellis, R., Efstathiou, V., Yotsidi, V., ..., & Michopoulos, Y. (2019). Guilt delusional beliefs increase the risk of suicidal attempt in elderly unipolar psychotic depressives. *Journal of Nervous and Mental Disease, 207*(1), 29–33. https://doi: 10.1097/NMD.0000000000000913.

5. Yotsidi, V., Stalikas, A., Pezirkianidis, C., & Pouloudi, M. (2018). The relationships between client resistance and attachment to therapist in psychotherapy. *Journal of Contemporary Psychotherapy*. https://doi.org/10.1007/s10879-018-9406-y

6. Yotsidi, V. & Kounenou, K. (2018). Experiences of mental health service users on their empowerment and social integration in the community. *European Journal of Counselling Psychology, 7*(1), 165–180.