S t e f a n o s K a r a k o l i a s

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Dr. S. Karakolias is a Lecturer at the Department of Nursing of the DUTh, with extensive academic and research experience in *Health Management* and *Economics*, with a particular emphasis on *Financial Management*. Since the academic year 2018-19, he has been teaching at the HOU, initially in the Master's Program in Health Units Management and subsequently in the Joint Master's Program in Aging and Chronic Diseases Management. He holds a PhD from DUTh on reimbursement systems in primary health care and an MBA specializing in the Management and Financial Administration of Health Units. His academic background is further complemented by a bachelor's and a master's degree in *Accounting and Finance*, areas in which he has extensive teaching experience at universities in Greece and abroad. His research focuses on the financial sustainability of health units, financial statement analysis, resource management, and health policy planning. He has also served as CFO in a private healthcare organization and twice as Deputy CEO in public hospitals.

Selected Publications

1. Karakolias S. Rethinking financial distress in public healthcare: evidence from Greek hospitals' governance attributes. *Frontiers in Public Health* 2025;13:1690901.
2. Karakolias S. Financial implications of natural hazards for public hospitals: why does disaster insurance matter?. *International Journal of Health Governance* 2025;30(3):308-319.
3. Karakolias S, Polyzos N. Should women continue to be less preferred for managerial positions? Evidence from Greece based on public hospitals' financial performance. *Corporate Governance* 2025;25(5):1023-1035.
4. Karakolias S. Mapping the latest financial profile of public hospitals in Greece. *Archives of Hellenic Medicine* 2025;42(3):397-405.
5. Karakolias S, Kastanioti C, Theodorou M, Polyzos N. Primary care doctors' assessment of and preferences on their remuneration: evidence from Greek public sector. *Inquiry* 2017;54:46958017692274.
6. Karakolias S, Polyzos N. Application and assessment of a financial distress projection model in private general clinics. *Archives of Hellenic Medicine* 2015;32(4):475-483.
7. Karakolias S, Polyzos N. The newly established unified healthcare fund (EOPYY): current situation and proposed structural changes, towards an upgraded model of primary health care, in Greece. *Health* 2014;6(9):809-821.