K o n s t a n t i n o s T s a r a s
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Konstantinos Tsaras is a Professor at the Nursing Department of the University of Thessaly in Greece. After receiving his BSc in Nursing (1993), he completed his MSc (1996) and PhD (2002) degrees in Public Health. He has been working in the field of nursing and public health. He teaches courses on Epidemiology, Biostatistics, Research Methodology and Public Health Nursing. Dr Konstantinos Tsaras has numerous publications in national and international journals (123) and announcements in several national and international conferences (155). His research work is widely recognized as has received numerous of citations (5,174). He was also a member of the UTH team of the European projects "CRITHINKEDU", "ENhANCE" and "TeleNursing". His research interests are in the fields of public health, epidemiology, biostatics, demography, community health nursing, health services management and nursing education.

Profile in:

Google Scholar

Scopus

PubMed

Selected Publications

1. Klesiora M., **Tsaras K.**, Papathanasiou I.V., Malliarou M., Bakalis N., Kourkouta L., Melas C., Kleisiaris C. (2024) Frailty Assessment and Its Impact on Loneliness among Older Adults Receiving Home-Based Healthcare during the COVID-19 Pandemic. Healthcare, 12(16): 1666.
2. Gialama M., Kleisiaris C., Malliarou M., Papagiannis D., Papathanasiou I.V., Karavasileiadou S., Almegewly W.H., **Tsaras K.** (2024) Validity and Reliability of the Greek Version of Adult Vaccine Hesitancy Scale in Terms of Dispositional Optimism in a Community-Dwelling Population: A Cross-Sectional Study. Healthcare, 12(15): 1460.
3. Kleisiaris C., Maniou M., Karavasileiadou S., Togas C., Konstantinidis T., Papathanasiou I.V., **Tsaras K.**, Almegewly W.H., Androulakis E., Alshehri H.H. (2023) Psychological Distress and Concerns of In-Home Older People Living with Cancer and Their Impact on Supportive Care Needs: An Observational Survey. Current Oncology, 30(11): 9569-9583.
4. **Tsaras K.**, Tsiantoula M., Papagiannis D., Papathanasiou I.V., Chatzi M., Kelesi M., Kaba E., Fradelos E.C. (2022) The Effect of Depressive and Insomnia Symptoms in Quality of Life Among Community-Dwelling Older Adults. International Journal of Environmental Research and Public Health, 19(20): 13704.
5. **Tsaras K.**, Tsiantoula M., Papathanasiou I.V., Papagiannis D., Chatzi M., Fradelos E.C. (2021) Predictors of Depression and Insomnia in Community-Dwelling Elderly People: A Cross-Sectional Evidence of Their Bidirectional Relationship. Cureus, 13(3): e13965.