

## MODULE OUTLINE DYPO60

### 1. GENERAL INFORMATION

<b>SCHOOL</b>	SCHOOL OF SOCIAL SCIENCES		
<b>PROGRAM COURSE</b>	PUBLIC HEALTH AND POLICIES (DYPO)		
<b>LEVEL OF STUDY</b>	POSTGRADUATE		
<b>MODULE CODE</b>	DYPO60	<b>SEMESTER OF STUDY</b>	2nd
<b>MODULE TITLE</b>	Public health promotion and prevention		
<b>INDEPENDENT TEACHING ACTIVITIES</b> <i>in case credits are awarded for separate components/parts of the course, e.g. in lectures, laboratory exercises, etc. If credits are awarded for the entire course, give the weekly teaching hours and the total credits</i>		<b>HOURS</b>	<b>CREDIS</b>
Weekly teaching hours 21-23 hours x 13 weeks		<b>280-300</b>	<b>10 ECTS</b>
<b>COURSE TYPE</b> Compulsory, Optional, Optional mandatory	Compulsory		
<b>PREREQUISITE MODULES:</b>	None		
<b>LANGUAGE OF INSTRUCTION AND EXAMS</b>	Greek		
<b>THE MODULE IS OFFERED TO ERASMUS STUDENTS</b>	No		
<b>MODULE WEBSITE (URL)</b>	<a href="https://www.eap.gr/en/dypo/dypo_them/#dypo60">https://www.eap.gr/en/dypo/dypo_them/#dypo60</a> Each module has its own space in the Learning Management System of EAP ( <a href="https://courses.eap.gr/login/index.php">https://courses.eap.gr/login/index.php</a> ), with controlled access (use of code) for students and teaching staff.		

### 2. LEARNING OUTCOMES

<b>Learning Outcomes</b>	
<i>The course learning outcomes, specific knowledge, skills and competences of an appropriate (certain) level, which students will acquire upon successful completion of the course, are described in detail. It is necessary to consult:</i>	
<p>Upon successful completion of the course, students will be able to:</p> <ul style="list-style-type: none"> <li>- understand the concept of prevention and public health promotion</li> <li>- know what are the services of promotion and prevention</li> <li>- understand the concept of perceived health risk</li> <li>- know how to prevent cardiovascular diseases, neoplasms and infections</li> <li>- be familiar with the main models in the context of public health promotion</li> <li>- be aware of the role of nutrition and physical activity in health prevention and health promotion</li> <li>- evaluate measures and policies for public health promotion</li> </ul>	
<b>General Competences</b>	
<i>Taking into consideration the general competences that students/graduates must acquire (as those are described in the Diploma Supplement and are mentioned below), at which of the following does the course attendance aim?</i>	
<i>Search for, analysis and synthesis of data and information by the use of appropriate technologies,</i> <i>Adapting to new situations</i> <i>Decision-making</i> <i>Individual/Independent work</i> <i>Group/Team work</i> <i>Working in an international environment</i>	<i>Project planning and management</i> <i>Respect for diversity and multiculturalism</i> <i>Environmental awareness</i> <i>Social, professional and ethical responsibility and sensitivity to gender issues</i> <i>Critical thinking</i> <i>Development of free, creative and inductive thinking</i> .....

<i>Working in an interdisciplinary environment (Other.....citizenship, spiritual freedom, social Introduction of innovative research awareness, altruism etc.) .....</i>
<ul style="list-style-type: none"> <li>• Search for, analysis and synthesis of data and information by the use of appropriate technologies</li> <li>• Adapting to new situations</li> <li>• Decision – making</li> <li>• Group / team work</li> <li>• Working in an interdisciplinary environment</li> <li>• Project planning and management</li> <li>• Critical thinking</li> <li>• Development of free, creative and inductive thinking</li> <li>• Working in an interdisciplinary environment</li> <li>• Introduction of innovative research</li> <li>• Respect for diversity and multiculturalism</li> </ul>

### 3. MODULE CONTENT

<p>The aim of the module is to train and specialize students in the design, implementation and evaluation of preventive health management and health promotion programmes for the general population and special groups. The objectives of the module are the understanding of the concept of health promotion and health prevention, disease prevention services and health promotion in Greece, perceived health-related risk, prevention of cardiovascular diseases, malignant neoplasms and individual infections, the role of nutrition and smoking in health. A sub-objective is to design and implement public health prevention programmes. The scientific subjects of the module are:</p> <ul style="list-style-type: none"> <li>• Prevention and Public Health - Prevention of diseases and infections</li> <li>• Models for promoting health behavior - Health promotion for vulnerable groups</li> <li>• Design and evaluation of health promotion interventions</li> </ul>
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### 4. TEACHING METHODS--ASSESSMENT

<b>MODES OF DELIVERY</b> <i>Face-to-face, in-class lecturing, distance teaching and distance learning etc.</i>	Distance education with three Group Counseling Meetings (OSS) during the academic semester, held on weekends.	
<b>USE OF INFORMATION AND COMMUNICATION TECHNOLOGY</b> <i>Use of ICT in teaching, Laboratory Education, Communication with students</i>	<p>We use :</p> <p>Remote meetings tools (cisco webex), Presentation software (e.g. power point),</p> <p>Additionally, the students use office automation tools, web browsers and e-reader for digital books.</p>	
<b>MODULE DESIGN</b> <i>Description of teaching techniques, practices and methods: Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, Internship, Art Workshop, Interactive teaching, Educational visits, projects, Essay writing, Artistic creativity, etc</i>	<b>Activity</b>	<b>Annual Workload</b>
	3 OSS (x 4 hours)	12
	2 tutorial exercises (2 x 30 hours)	60
	1 semester assignment	55
	Examination	4

<p><i>The study hours for each learning activity as well as the hours of selfdirected study are given following the principles of the ECTS.</i></p>	Individual study (21-23 hours x 13 weeks)	149-169
	<b>Total module workload (hours)</b>	<b>280-300</b>
<p><b>STUDENT PERFORMANCE EVALUATION/ASSESSMENT METHODS</b></p> <p><i>Detailed description of the evaluation procedures.</i></p> <p><i>Language of evaluation, assessment methods, formative or summative (conclusive), multiple choice tests, short- answer questions, open-ended questions, problem solving, written work, essay/report, oral exam, presentation, laboratory work, other.....etc.</i></p> <p><i>Specifically defined evaluation criteria are stated, as well as if and where they are accessible by the students</i></p>	<p>Completion of written assignments during the academic semester which constitute a 40 percent of each student's grade, if a pass is obtained in the final or repetitive examination. Final exam grades constitute a 60 percent of the students' final course grade. For further information go to the <a href="#">EAP Study Guide</a>.</p>	

## 5. SUGGESTED BIBLIOGRAPHY

- *Suggested bibliography:*

Jane Wills (2023). Foundations for Health Promotion, Gotsis publishers, forthcoming publication (in Greek)

GREEN JACKIE, CROSS RUTH, WOODALL JAMES, TONES KEITH (2022). Health Promotion, Planning & Strategies. PASCHALIDIS, P. CHR., MEDICAL PUBLICATIONS LTD (in Greek)

Malamatenia Arvanitidou-Vagiona (2019). Social Preventive Medicine and Epidemiology, 2nd Edition, UNIVERSITY STUDIO PRESS (in Greek)

*Related scientific Journals:*

BMC Public Health

Preventive Medicine

American Journal of Preventive Medicine

Health Promotion International

Journal of Public Health