#### **MODULE OUTLINE DYPO64**

#### 1. GENERAL INFORMATION

SCHOOL	SCHOOL OF SOCIAL SCIENCES				
PROGRAM COURSE	PUBLIC HEALTH AND POLICIES (DYPO)				
LEVEL OF STUDY	POSTGRADUATE				
MODULE CODE	DYPO64 SEMESTER OF STUDY 2 <sup>nd</sup>				
MODULE TITLE	Community Mental Health				
INDEPENDENT TEACHING ACTIVITIES					
in case credits are awarded for separate components/parts of the			HOURS		
course, e.g. in lectures, laboratory exercises, etc. If credits are awarded					CREDIS
for the entire course, give the weekly teaching hours and the total credits					
Weekly teaching hours 21-23 hours x 13 weeks		280-300		10 ECTS	
COURSE TYPE		veens			20 20.0
Compulsory, Optional, Optional	Optional				
mandatory	optional .				
PREREQUISITE MODULES:	None				
LANGUAGE OF INSTRUCTION	Greek				
AND EXAMS					
THE MODULE IS OFFERED TO	No				
ERASMUS STUDENTS					
MODULE WEBSITE (URL)	https://www.eap.gr/en/dypo/dypo them/#dypo64				
	Each module has its own space in the Learning Management				
	System of EAP ( <a href="https://courses.eap.gr/login/index.php">https://courses.eap.gr/login/index.php</a> ), with				
	controlled access (use of code) for students and teaching staff.				

### 2. LEARNING OUTCOMES

## **Learning Outcomes**

The course learning outcomes, specific knowledge, skills and competences of an appropriate (certain) level, which students will acquire upon successful completion of the course, are described in detail. It is necessary to consult:

Upon completion of the unit, students will be able to understand:

- The concept of community mental health
- The concept of community psychiatry
- The relationship between the therapist and the patient
- The Relationship between therapeutic care and psychopathology
- The application of community mental health principles to the general population
- How community mental health services are organized and planned.
- The application of counseling to different patient groups

# **General Competences**

Taking into consideration the general competences that students/graduates must acquire (as those are described in the Diploma Supplement and are mentioned below), at which of the following does the course attendance aim?

Search for, analysis and synthesis of data and information by the use of appropriate

technologies,

Adapting to new situations

Decision-making

Individual/Independent work Group/Team work Project planning and management Respect for diversity and multiculturalism

Environmental awareness

Social, professional and ethical responsibility and

sensitivity to gender issues

Critical thinking

Development of free, creative and inductive thinking

Working in an international environment

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Working in an interdisciplinary environment (Other......citizenship, spiritual freedom, social Introduction of innovative research awareness, altruism etc.) ......

- Adapting to new situations
- Decision-making
- Teamwork
- Working in an interdisciplinary environment
- Exercise of criticism and self-criticism
- Generating new research ideas
- Respect for diversity and multiculturalism
- Promoting free, creative and inductive thinking

### 3. MODULE CONTENT

The purpose of the module is to familiarize the student with the concepts of community mental health and to provide theoretical and clinical knowledge in order to acquire skills related to the integrated care of individuals, their families, and the community. The approach to mental health issues is with an emphasis on community-based care delivery and incorporates the concepts of prevention, organization, and planning that ensure ongoing health care in the community. The scientific subjects of the module are:

- Theoretical foundations of Psychiatric Mental Health Nursing
- Therapeutic approaches in Psychiatric Nursing Care
- Organization of Community Health and Nursing Mental Health of Special Populations

## 4. TEACHING METHODS--ASSESSMENT

#### MODES OF DELIVERY Distance education with three Group Counseling Meetings Face-to-face, in-class lecturing, distance (OSS) during the academic semester, held on weekends. teaching and distance learning etc. **USE OF INFORMATION AND** We use: COMMUNICATION Remote meetings tools (cisco webex), TECHNOLOGY Presentation software (e.g. power point), Use of ICT in teaching, Laboratory Education, Communication with students Additionally, the students use office automation tools, web browsers and e-reader for digital books. **MODULE DESIGN** Description of teaching techniques, practices and methods: Lectures, seminars, laboratory

The study hours for each learning activity as well as the hours of selfdirected study are given following the principles of the ECTS.

practice, fieldwork, study and analysis of bibliography, tutorials, Internship, Art Workshop, Interactive teaching, Educational visits, projects, Essay writing, Artistic creativity,

Activity	Annual Workload		
3 OSS (x 4 hours)	12		
2 tutorial exercises (2 x 30	60		
hours)			
1 semester assignment	55		
Examination	4		
Individual study (21-23	149-169		
hours x 13 weeks)			
Total module workload	380 300		
(hours)	280-300		

# STUDENT PERFORMANCE EVALUATION/ASSESSMENT METHODS

Detailed description of the evaluation procedures.

Language of evaluation, assessment methods, formative or summative (conclusive), multiple choice tests, short- answer questions, openended questions, problem solving, written work, essay/report, oral exam, presentation, laboratory work, other.....etc.

Specifically defined evaluation criteria are stated, as well as if and where they are accessible by the students

Completion of written assignments during the academic semester which constitute a 40 percent of each student's grade, if a pass is obtained in the final or repetitive examination. Final exam grades constitute a 60 percent of the students' final course grade. For further information go to the **EAP Study Guide**.

#### **5. SUGGESTED BIBLIOGRAPHY**

- Suggested bibliography:

Koukia E. (2023) Counselling in Community Mental health. Counseling older adults. (in Greek) Koukia E. (2023) Counselling older adults. Kinlde publication. (In English)

-Related scientific Journals: Community Mental Health Journal Health and Social Care in the Community Society and Mental Health